

Sub-Section 1A Track & Field Championships - 5/26/2005

Ben Niggle Sports Complex - Rushford

Results

Girls 100 Meter Dash Class A

Name	Yr	School	Finals
1 Alise Duffy	11	La Crescent	13.07 10
2 Angel Knopick	9	Winona Cotter	13.48 8
3 Alecia Fruechte	9	Caled/Spring	13.56 6
4 Molly Furlong	9	Caled/Spring	13.60 4
5 Angie Kukowski	10	Winona Cotter	13.65 2
6 Bonnie Albright	10	FillmoreC/Lanesb	13.75 1
7 Laquita Becker	8	Caled/Spring	13.76
8 Kylin Duffy	7	La Crescent	13.78
9 Danielle Foster	11	Winona Cotter	13.88
10 Regina Dolan	11	RushPete/Housto	14.12
11 Karly Atwood	8	Chatfield	14.19
12 Sarina Nelson	11	FillmoreC/Lanesb	14.22
13 Regan Riley	7	Chatfield	14.24
14 Heather Vix	8	RushPete/Housto	14.28
15 Katelyn Wadewitz	12	Chatfield	14.29
16 Bailey Vitse	9	RushPete/Housto	14.30
17 Megan Norstad	12	FillmoreC/Lanesb	14.52
18 Mallory Van Lin	10	La Crescent	15.01

Girls 200 Meter Dash Class A

Name	Yr	School	Finals
1 Freda Keil	8	FillmoreC/Lanesb	27.26 10
2 Angel Knopick	9	Winona Cotter	27.49 8
3 Brooke Beyer	11	Winona Cotter	27.63 6
4 Erica Kies	8	La Crescent	28.16 4
5 Regina Dolan	11	RushPete/Housto	28.28 2
6 Kylin Duffy	7	La Crescent	28.60 1
7 Heather Sieve	8	RushPete/Housto	29.01
8 Kaylee Helgemoe	8	RushPete/Housto	29.04
9 Rayauna Benson	11	Caled/Spring	29.44
10 Sarina Nelson	11	FillmoreC/Lanesb	29.63
11 Megan Norstad	12	FillmoreC/Lanesb	29.73
12 Zoe Lidstrom	9	Caled/Spring	29.81
13 Hannah Hollermann	9	Chatfield	30.35
14 Kayla McCormick	8	Caled/Spring	31.31
15 Danielle Derleth	9	Chatfield	33.15
16 Ellen Poeschel	10	La Crescent	34.88
17 Nina Kellhammer	11	Chatfield	34.91

Girls 400 Meter Dash Class A

Name	Yr	School	Finals
1 Emma Napieralski	10	Winona Cotter	1:00.59 10
2 Sarah Colleran	9	Caled/Spring	1:01.86 8
3 Melissa Kirkvold	12	Winona Cotter	1:02.19 6
4 Rachelle Ruberg	8	RushPete/Housto	1:05.29 4
5 Emily Deneen	10	Caled/Spring	1:05.32 2
6 Melissa Hanson	8	FillmoreC/Lanesb	1:05.59 1
7 Heather Sieve	8	RushPete/Housto	1:06.46
8 Anna Ferris	10	Winona Cotter	1:08.90
9 Ally Lynne	9	FillmoreC/Lanesb	1:09.79
10 Meredith Ruen	9	FillmoreC/Lanesb	1:13.06
11 Brittney Wagner	8	Caled/Spring	1:14.46
12 Rachel Larson	11	La Crescent	1:16.56
--- Brianna Hanson	8	La Crescent	DQ

Girls 800 Meter Run Class A

Name	Yr	School	Finals
1 Kristen Ostrem	9	RushPete/Housto	2:23.66 10
2 Kristin Bunge	9	FillmoreC/Lanesb	2:24.56 8
3 Hannah Sieve	8	RushPete/Housto	2:30.44 6
4 Deana Petersen	8	La Crescent	2:32.91 4
5 Evelyn Genadek	10	Caled/Spring	2:35.34 2
6 Lydia Allen	8	La Crescent	2:41.05 1
7 Gillian Rendahl	9	Winona Cotter	2:41.49
8 Shanda Demorest	8	La Crescent	2:42.52
9 Stephanie Smith	9	Winona Cotter	2:49.79
10 Emily Sharpe	9	Winona Cotter	2:50.22
11 Kelsey Ruen	8	FillmoreC/Lanesb	2:55.09

Girls 1600 Meter Run Class A

Name	Yr	School	Finals
1 Maureen Keane	11	Winona Cotter	5:19.08 10
2 Sara Wasinger	8	Winona Cotter	5:39.23 8
3 Danielle Anshus	8	Chatfield	5:46.87 6
4 April Conniff	7	La Crescent	5:49.64 4
5 Kayli Hareldson	8	Chatfield	5:53.11 2
6 Michelle Ruberg	7	RushPete/Housto	5:53.58 1
7 Jordyn Dudek	7	Chatfield	5:55.35
8 Haeli Johnson	9	FillmoreC/Lanesb	6:43.22
9 Katie Halvorson	10	FillmoreC/Lanesb	7:03.31

Girls 3200 Meter Run Class A

Name	Yr	School	Finals
1 Maureen Keane	11	Winona Cotter	11:21.08 10
2 Marci Burg	11	La Crescent	12:17.90 8
3 Nicola Franta	8	La Crescent	12:24.47 6
4 Kayli Hareldson	8	Chatfield	12:36.48 4
5 Katie Becker	12	RushPete/Housto	12:41.32 2
6 Melissa Gudmundson	10	FillmoreC/Lanesb	13:07.01 1
7 Anna Becker	10	RushPete/Housto	13:17.39
8 Brianne Anshus	11	Chatfield	13:58.47
9 Katie Wiste	10	Caled/Spring	14:01.90
10 Kari Taylor	11	RushPete/Housto	14:10.98
11 Jody Hempel	11	Caled/Spring	14:20.82

Girls 100 Meter Hurdles Class A

Name	Yr	School	Finals
1 Verena Luetz	11	RushPete/Housto	17.92 10
2 Bonnie Albright	10	FillmoreC/Lanesb	18.02 8
3 Kaitlyn Schlitter	9	La Crescent	18.05 6
4 Chantel LaPlante	10	Chatfield	18.52 4
5 Carina Schiltz	9	RushPete/Housto	18.53 2
6 Chelsea Nagel	9	FillmoreC/Lanesb	18.55 1
7 Rachel Perry	9	Chatfield	19.35
8 Gina Oberton	11	Winona Cotter	19.46
9 Emily Deering	11	RushPete/Housto	19.62
10 Alecia Welscher	9	Caled/Spring	20.05
11 Katrina Voigt	11	FillmoreC/Lanesb	20.29
12 Tracy Thorsness	11	La Crescent	20.42
13 Caitlin Bambenek	9	Winona Cotter	20.43
14 Emily VonWald	7	Chatfield	20.96

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Results

(Girls 100 Meter Hurdles Class A)

Name	Yr	School	Finals
15 Alyssa Habberstad	9	La Crescent	21.35
16 Brooke Christian	10	Caled/Spring	21.45

Girls 300 Meter Hurdles Class A

Name	Yr	School	Finals
1 Kendra Hengel	11	Winona Cotter	48.98 10
2 Carina Schiltz	9	RushPete/Housto	50.75 8
3 Chantel LaPlante	10	Chatfield	51.82 6
4 Kaitlyn Schlitter	9	La Crescent	52.28 4
5 Ashley Benson	11	RushPete/Housto	52.32 2
6 Chelsea Nagel	9	FillmoreC/Lanesb	53.19 1
7 Kalysta Schlitter	7	La Crescent	54.89
8 Gina Oberton	11	Winona Cotter	56.36
9 Rachel Perry	9	Chatfield	56.43
10 Katrina Voigt	11	FillmoreC/Lanesb	56.75
11 Megan Olson	9	RushPete/Housto	57.39
12 Tracy Thorsness	11	La Crescent	58.45
13 Jessie Delano	9	Winona Cotter	58.46
14 Holly Lidke	10	FillmoreC/Lanesb	1:00.32

Girls 4x100 Meter Relay Class A

Team	Relay	Finals
1 La Crescent		51.12 10
	1) Alise Duffy 11	
	2) Emmy Breuer 11	
	3) Erica Kies 8	
	4) Samantha Kreibich 10	
2 Winona Cotter		51.49 8
	1) Danielle Foster 11	
	2) Angel Knopick 9	
	3) Brooke Beyer 11	
	4) Angie Kukowski 10	
3 Caled/Spring		51.69 6
4 RushPete/Houston		54.02 4
5 FillmoreC/Lanesb		54.68 2
	1) Megan Norstad 12	
	2) Chelsea Nagel 9	
	3) Nicollete Meyer 8	
	4) Sarina Nelson 11	
6 Chatfield		54.82

Girls 4x200 Meter Relay Class A

Team	Relay	Finals
1 Winona Cotter		1:47.70 10
	1) Melissa Kirkvold 12	
	2) Kendra Hengel 11	
	3) Emma Napieralski 10	
	4) Brooke Beyer 11	
2 La Crescent		1:49.03 8
	1) Shannon Stever 8	
	2) Megan Karr 11	
	3) Erica Kies 8	
	4) Samantha Kreibich 10	
3 Caled/Spring		1:51.77 6
4 FillmoreC/Lanesb		1:52.04 4
	1) Melissa Hanson 8	
	2) Kristin Bunge 9	
	3) Bonnie Albright 10	
	4) Freda Keil 8	
5 Chatfield		1:53.57 2
6 RushPete/Houston		1:54.34

Girls 4x400 Meter Relay Class A

Team	Relay	Finals
1 La Crescent		4:11.10 10
	1) Megan Karr 11	
	2) Emmy Breuer 11	
	3) Alise Duffy 11	
	4) Samantha Kreibich 10	

2 Winona Cotter		4:13.20 8
	1) Melissa Kirkvold 12	
	2) Kendra Hengel 11	
	3) Sara Wasinger 8	
	4) Emma Napieralski 10	
3 Chatfield		4:14.71 6
4 RushPete/Houston		4:16.41 4
5 FillmoreC/Lanesb		4:33.09 2
	1) Kristin Bunge 9	
	2) Melissa Hanson 8	
	3) Freda Keil 8	
	4) Jessica Prinsen 8	
6 Caled/Spring		4:57.52

Girls 4x800 Meter Relay Class A

Team	Relay	Finals
1 Chatfield		9:53.81 10
2 RushPete/Houston		10:01.75 8
3 La Crescent		10:10.93 6
	1) Anne Guthrie 10	
	2) Deana Petersen 8	
	3) Nicola Franta 8	
	4) Marci Burg 11	
4 FillmoreC/Lanesb		11:09.62 4
	1) Kelsey Ruen 8	
	2) Melissa Gudmundson 10	
	3) Ally Lynne 9	
	4) Haeli Johnson 9	
5 Winona Cotter		11:15.09 2
	1) Emily Sharpe 9	
	2) Justine Lueck 11	
	3) Michelle Kirkvold 9	
	4) Stephanie Smith 9	

Girls High Jump Class A

Name	Yr	School	Finals
1 Brianna Polus	12	Caled/Spring	5-09.00 10
2 Alecia Fruechte	9	Caled/Spring	5-02.25 8
3 Danielle Luhmann	10	RushPete/Housto	5-00.25 6
4 Anne Guthrie	10	La Crescent	5-00.25* 4
5 Bonnie Albright	10	FillmoreC/Lanesb	4-10.25* 2
6 Emily Cooper	10	Winona Cotter	4-08.25 1
7 Sarina Nelson	11	FillmoreC/Lanesb	4-06.25
8 Kayla Tripp	8	La Crescent	4-06.25
8 Allison Kirkvold	10	Winona Cotter	4-06.25
10 Liz Flynn	10	Winona Cotter	4-04.25
10 Verena Luetz	11	RushPete/Housto	4-04.25
12 Alyssa Habberstad	9	La Crescent	4-04.25
13 Heather Vix	8	RushPete/Housto	4-02.25
14 Ally Lynne	9	FillmoreC/Lanesb	4-00.25
--- Emily VonWald	7	Chatfield	NH

Girls Pole Vault Class A

Name	Yr	School	Finals
1 Ashley Benson	11	RushPete/Housto	8-06.50 10
2 Shannon Stever	8	La Crescent	8-06.50 8
3 Kristen Ostrem	9	RushPete/Housto	8-00.50 6
4 Chelsi Larson	10	Winona Cotter	7-06.50 2.3
4 Jessie Larson	11	Winona Cotter	7-06.50 2.3
4 Kristin Bunge	9	FillmoreC/Lanesb	7-06.50 2.3
7 Katie Niemeyer	8	Chatfield	7-06.50
8 Jenna Hareldson	11	Chatfield	6-06.50
8 Casey Sautter	12	FillmoreC/Lanesb	6-06.50
10 Melody Laganier	9	FillmoreC/Lanesb	6-06.50
11 Brianna Hanson	8	La Crescent	6-06.50
12 Lydia Allen	8	La Crescent	6-00.50
--- Jana Olson	8	RushPete/Housto	NH

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Results

Girls Long Jump Class A

Name	Yr	School	Finals	
1 Freda Keil	8	FillmoreC/Lanesb	6-10.50	10
2 Regina Dolan	11	RushPete/Housto	15-09.00	8
3 Angel Knopick	9	Winona Cotter	15-07.50	6
4 Dana French	11	Chatfield	15-05.50	* 4
5 Verena Luetz	11	RushPete/Housto	15-02.00	2
6 Ashley VonWald	8	Chatfield	15-00.25	1
7 Caitlin Myhre	12	Caled/Spring	14-05.50	
8 Evelyn Genadek	10	Caled/Spring	14-02.00	
9 Regan Riley	7	Chatfield	14-01.50	
10 Kylin Duffy	7	La Crescent	13-10.50	
11 Megan Norstad	12	FillmoreC/Lanesb	13-09.75	
12 Bailey Vitse	9	RushPete/Housto	13-07.75	
13 Nicollete Meyer	8	FillmoreC/Lanesb	13-06.50	
14 Alecia Welscher	9	Caled/Spring	13-03.25	
15 Karlyn Schlitter	9	La Crescent	12-06.00	
16 Kalysta Schlitter	7	La Crescent	12-05.00	
17 Liz Flynn	10	Winona Cotter	12-02.00	

Girls Triple Jump Class A

Name	Yr	School	Finals	
1 Danielle Luhmann	10	RushPete/Housto	33-06.00	10
2 Allison Kirkvold	10	Winona Cotter	32-06.00	8
3 Katie Wiste	10	Caled/Spring	32-02.75	6
4 Emily Cooper	10	Winona Cotter	30-06.50	4
5 Dana French	11	Chatfield	30-04.50	2
6 Jana Olson	8	RushPete/Housto	30-04.25	1
7 Evelyn Genadek	10	Caled/Spring	29-11.00	
8 Shannon Stever	8	La Crescent	29-08.50	
9 Rachelle Ruberg	8	RushPete/Housto	29-00.75	
10 Nicollete Meyer	8	FillmoreC/Lanesb	28-05.50	
11 Melissa Hanson	8	FillmoreC/Lanesb	27-05.00	
12 Katrina Voigt	11	FillmoreC/Lanesb	27-05.00	

Girls Shot Put Class A

Name	Yr	School	Finals	
1 Melissa Smith	10	RushPete/Housto	36-06.25	10
2 Amelia Schaller	11	Caled/Spring	36-05.25	8
3 Allison Guthrie	11	La Crescent	35-05.50	6
4 Molly Schaller	9	Caled/Spring	34-10.50	* 4
5 Hannah Glor	10	FillmoreC/Lanesb	34-04.75	* 2
6 Sara Harstad	10	Chatfield	33-03.50	1
7 Emily Johnson	10	FillmoreC/Lanesb	30-10.50	
8 Danielle Ruberg	10	RushPete/Housto	30-09.00	
9 Kassie Harcey	9	Chatfield	27-04.75	
10 Alison Bunge	12	FillmoreC/Lanesb	25-05.75	
11 Amy Erickson	7	Winona Cotter	24-03.50	
12 Nicole Brown	9	RushPete/Housto	24-00.25	
13 Betsy Schaller	0	Caled/Spring	23-09.50	
14 Keisha Harcey	9	Chatfield	23-03.75	
15 Sarah Grandy	7	Winona Cotter	20-02.50	
16 Sam Gale	10	Winona Cotter	19-11.00	

Girls Discus Throw Class A

Name	Yr	School	Finals	
1 Amelia Schaller	11	Caled/Spring	120-02	10
2 Melissa Smith	10	RushPete/Housto	119-03	8
3 Molly Schaller	9	Caled/Spring	107-01	6
4 Hannah Glor	10	FillmoreC/Lanesb	100-03	* 4
5 Chantel LaPlante	10	Chatfield	98-02	2
6 Sara Harstad	10	Chatfield	95-11	1
7 Allison Guthrie	11	La Crescent	95-04	
8 Danielle Ruberg	10	RushPete/Housto	95-04	
9 Emily Johnson	10	FillmoreC/Lanesb	94-10	
10 Carrie Kelly	11	FillmoreC/Lanesb	73-00	
11 Amy Erickson	7	Winona Cotter	70-09	
12 Tracy Traxler	7	La Crescent	69-08	
13 Sarah Grandy	7	Winona Cotter	66-01	
14 Keisha Harcey	9	Chatfield	65-02	
15 Nicole Brown	9	RushPete/Housto	58-10	
16 Betsy Schaller	0	Caled/Spring	44-09	

Boys 100 Meter Dash Class A

Name	Yr	School	Finals	
1 Travis Steele	11	Caled/Spring	11.26	10
2 Dion Mauss	11	La Crescent	11.40	8
3 Clint Grabhorn	11	Caled/Spring	11.62	6
4 Karl Klug	11	Caled/Spring	* 11.63	4
5 Cody Harvey	10	Winona Cotter	12.23	2
6 Jacob Masters	10	FillmoreC/Lanesb	12.53	1
7 Josh Sovinski	11	Chatfield	12.55	
8 Brandon Johnson	9	RushPete/Housto	12.65	
9 Andres Gomez	9	La Crescent	12.66	
10 Phil Leaf	9	Winona Cotter	12.82	
11 Kyle Klein	10	Winona Cotter	12.93	
12 John Fann	8	RushPete/Housto	12.99	
13 Taylor Peterson	10	RushPete/Housto	13.12	
14 Riccardo Olivari	12	FillmoreC/Lanesb	14.15	
15 Brandon Johnson	12	La Crescent	14.16	

Boys 200 Meter Dash Class A

Name	Yr	School	Finals	
1 Dion Mauss	11	La Crescent	22.66	10
2 Damien Nickelsen	11	Chatfield	23.12	8
3 Travis Steele	11	Caled/Spring	23.46	6
4 Andy Marnach	11	Caled/Spring	23.66	4
5 Kevin Klug	11	Caled/Spring	24.26	2
6 David Leaf	10	Winona Cotter	24.99	1
7 Jake Merrill	10	La Crescent	25.25	
8 Andres Gomez	9	La Crescent	25.52	
9 Kyle Klein	10	Winona Cotter	25.79	
10 Taylor Peterson	10	RushPete/Housto	26.32	
11 Dan Ostrem	10	RushPete/Housto	27.55	
12 Aaron Bishop	8	FillmoreC/Lanesb	27.56	
13 Riccardo Olivari	12	FillmoreC/Lanesb	28.12	
14 Tim Ortner	8	FillmoreC/Lanesb	28.29	
15 Matt Geiwitz	9	RushPete/Housto	29.66	

Women - Class A - Team Rankings - 18 Events Scored

1) Winona Cotter	129.666
2) Rushford-Peterson/Houston	124
3) La Crescent	100
4) Caled/Spring Gro/Mabel-Cant	86
5) Fillmore Central/Lanesboro	63.3333
6) Chatfield	51